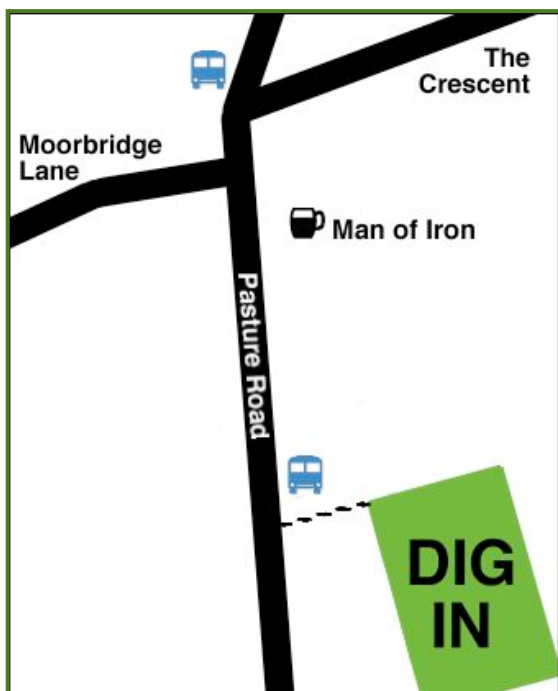


DIG IN Stapleford

Your Community Allotment



- **Grow** with us
- **Learn** new skills
- **Enjoy** free healthy food and exercise
- **Beehives** and wildlife area
- **Workshops** and events
- **Cooking** sessions
- **Make** new friends & enhance your C.V
- **All** abilities welcome



- Join our friendly volunteer sessions;
Wednesday & Saturday mornings
10:00-12:00

The **Dig In Community Allotment** is situated on the Albany allotment site (near the Man of Iron pub), Pasture Road, Stapleford. **NG9 8HZ**

- Trent Barton n^o 15 bus stops by the gate

Telephone: 07943 700 302

Email: volunteering@diginstapleford.org.uk

Web: diginstapleford.org.uk

Blog: digincommunityallotment.blogspot.com

